

## Named and Claimed Series

### Day 5: Walk Like You Know Who You Are

*Because knowing your name means nothing if you're not walking like it's true.*

#### Key Scripture:

“As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.” Ephesians 4:1 (NIV)

#### Context: From Knowledge to Movement

We've remembered the name God gave us (Day 1), broken ties with old labels (Day 2), examined the company we keep (Day 3), and exposed the names we gave ourselves (Day 4). But now comes the real test: Will we walk like it's true?

- We say we're chosen - but still walk in rejection.
- We say we're redeemed - but live like we owe a debt.
- We say we're children of God - but make decisions like orphans trying to prove our worth.

The truth is, many of us have memorised our identity in Christ, but we haven't mobilised it. And if we don't start walking in alignment with our name, we'll stay stuck in cycles that contradict it. Identity is not just something we know - it's something we live.

#### Why this matters now

Because identity without action becomes another form of spiritual complacency. If we know who we are in Christ but refuse to live like it, we limit not only ourselves, but ***those who were meant to encounter God through our lives***. This matters because our calling demands movement. Our name carries a weight, and that weight was never meant to be passive. When we walk like we know who we are, heaven backs us. But when we hesitate, question, and shrink - we delay divine impact.

#### Why We Struggle With This

- **We confuse knowing with becoming.** We've received revelation - but we've stopped short of allowing it to form us. We say “I know who I am” while living like we're still earning it.

- **We second-guess our authority because we still carry the memory of who we used to be.** We believe God has forgiven us - but we haven't fully forgiven ourselves. So, we walk with caution, not confidence.
- **We downplay our calling to avoid disappointment.** It's easier to stay small than to risk stepping out and failing. We protect ourselves from purpose because purpose comes with pressure.
- **We stay in survival mode even after the battle is over.** God has brought us out - but our habits, mindset, and language still sound like captivity. We've been freed, but not formed.
- **We sabotage our own growth when change starts to cost comfort.** Deep down, we want to grow - but not if it means letting go of the false roles that gave us identity in the past.
- **We wear the identity on the outside but wrestle with unbelief on the inside.** We quote the promises, post the scriptures, sing the songs - but secretly feel like we're pretending. Not because we're fake, but because fear still echoes louder than faith.
- **We live like visitors in a name we've been invited to own.** We act as if identity is a hotel room - temporary, fragile, subject to conditions - when it's actually a home God built for us to dwell in.

### Verse Breakdown: Ephesians 4:1 (NIV)

- **"As a prisoner for the Lord, then..."** Paul writes this while physically restricted - yet spiritually unshaken. His identity isn't tied to where he is, but to Whose he is.
- **"I urge you..."** This isn't a soft suggestion. It's a passionate plea - urgent and non-negotiable.
- **"To live a life worthy..."** He's not talking about perfection. He's talking about alignment - living in a way that matches what's already been declared over us.
- **"Of the calling you have received."** The calling is not future tense - it's present. We already have the name. Now it's time to walk like it.

### Key Themes

- Identity must move from head knowledge to heart conviction to daily action.


- We can't say we're chosen and still walk like we're rejected.
- Fear, doubt, and comfort often hold us back more than failure ever could.
- Our name in Christ carries weight, and walking in it changes atmospheres.
- God has called us; now we must walk worthy of that call.
- Obedience is the evidence of true identity.

## Practical Application

- **Take inventory.** Where in our lives are we living beneath the name we've been given?
- **Write it out.** Complete this sentence: "If I truly believed I am [insert identity], I would stop \_\_\_\_\_ and start \_\_\_\_\_."
- **Make it visible.** Put your identity somewhere you'll see it every day, e.g. mirror, phone, desk, and ask: *Does my walk match this name?*
- **Make one bold move.** Take a step this week that aligns with who God says you are - not who fear says you're not.
- **Stay accountable.** Share your name and next step with someone who will remind you when you forget.

## Prayer

Father, help me walk like I know who I am. I don't want to just believe it, I want to live it. Remove every excuse, every fear, and every lie that slows my steps. Let my life speak the truth of my identity, one bold step at a time. In Jesus' name, Amen.

 **Final Takeaway:** Identity isn't proven by what we say - it's shown in how we walk. We can speak all the right words, but until our lives align with the name God has given us, we're only carrying the truth, not living it. He has named us, called us, and claimed us. Now it's time to walk like it.