

Anchored by the Word in Troubled Times

Day 7: From the Secret Place to the Seated Place

Because we weren't raised to survive - we were raised to reign.

Key Scripture:

"But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ - by grace you have been saved - and raised us up with him and seated us with him in the heavenly places in Christ Jesus. Ephesians 2:4-6 (ESV)

Context:

We've explored the secret place where we find peace, rest, and healing in God's presence. But the journey doesn't end there. The secret place is where we are restored. The seated place is where we operate from. **One prepares you; the other positions you.**

In Ephesians 2, the Apostle Paul reminds us: we have already been raised and seated with Christ. Not in the future - right now. It's a spiritual position of victory, authority, and perspective. But too many believers pray from pain instead of position. From fear instead of faith. From the ground, instead of where they're already seated.

Why it still matters now

In today's world, many people are spiritually exhausted, emotionally overloaded, and mentally stuck. Fear, confusion, and hopelessness are spreading faster than faith. That's why we must learn to live and lead from the elevated place - not react to what's happening around us, but respond from who we are in Christ. Why?

- Because the world needs grounded believers with a heavenly view.
- Because too many are fighting from the ground instead of reigning from their seat.
- Because your position shapes your peace - and right now, peace is power.
- Because we're not called to survive culture, we're called to transform it from above.
- Because Christ's authority doesn't just lift us out of sin - it positions us to bring heaven to earth.

Why Do We Struggle to Locate and Stay in our Seated Place?

Even though we're told in Ephesians 2 that we are already seated in heavenly places with Christ, many of us still feel stuck, low, or spiritually powerless. Why? Because there's often a gap between what's positionally true and what we mentally believe or emotionally experience. Here are some honest reasons we struggle:

1. **We don't feel elevated.** It's easy to trust what we feel over what God says. But our feelings don't always reflect our spiritual position - they reflect our surroundings. You may feel low, but in Christ, you're already seated high.
2. **We forget who we are.** Life can be loud. Responsibilities, setbacks, and constant distractions can drown out your true identity. That's why we must return to the secret place - because the seated place is remembered in the secret place.
3. **We're still trying to earn what God already gave.** Some believers feel unworthy to sit with Christ, so they keep working, striving, or punishing themselves to "feel" holy. But the seated place is not earned. It's given by grace.
4. **We let circumstances pull us back to ground level.** When things go wrong, it's easy to pray from panic instead of position. We react from the problem, not from our seat. But elevation doesn't mean escape - it means staying rooted in who you are, even in the storm.
5. **We haven't trained our minds to think from above.** Romans 12:2 tells us to be "transformed by the renewing of our minds." You can be raised in Christ and still live with an earthly mindset - until you discipline your thoughts to align with your position.

Verse Breakdown: Psalm 91: 1-2 (NIV)

- **"But God, being rich in mercy..."** God's decision to elevate you is based on His character, not your performance.
- **"...because of the great love with which he loved us..."** You weren't raised because you were good -you were raised because you were loved.
- **"even when we were dead..."** You were raised when you were at your worst. Grace meets you where you are.
- **"made us alive together with Christ..."** You're not spiritually climbing. You're already alive with Him.

- **“raised us up with him...”** You’ve been lifted above the powers of darkness, defeat, and shame.
- **“seated us with him in the heavenly places...”** This is your spiritual position - not someday, but now.
- **“in Christ Jesus.”** It’s not based on your works. It’s based on your connection to Jesus.

If you don’t know where you’re seated, you’ll keep living like you’re stuck.

Key Themes


- **We pray with clarity**, not confusion.
- **We speak to mountains**, not just about them.
- **We listen for instruction**, not just answers.
- **We believe as sons and daughters**, not as beggars.
- **We thank God for victory**, not just ask for rescue.

Practical Application: Building the Secret Place Habit

- **Begin prayer with declaration** - “I am seated with Christ.”
- **Use Ephesians 2:4–6** as your daily reminder this week.
- **Before reacting, ask:** “Am I responding from above or beneath?”
- **Picture yourself beside Christ** - not beneath your situation.
- **Keep returning to the secret place**, so your mind stays aligned with your seated place.

Prayer

Lord, thank You for raising me with Christ. Help me to think, pray, and live from my seated place. Remind me that I am not beneath - I am above. Let my mindset match my position, and my prayers reflect Your power. In Jesus’ name, Amen.

 **Final Takeaway:** We’re not climbing toward God - we’re already seated with Him. The secret place is where we’re restored. The seated place is where we’re released. Now let’s live, lead, and pray like people who’ve already been raised. The world needs us to know where we’re seated.